

CORRECT TECHNIQUE OF SELF-ADMINISTRATING EPINEPHRINE INJECTION

Injection Details

Medicine Name:

Dosage:

Expiry Date:

When To Use Epinephrine Injection?

In case of Severe Allergic Reaction like sudden swelling of the lips, tongue with difficulty in breathing, wheeze, strider or Hands & foot became cold, feeling Giddiness,

How to Use Epinephrine Injection?

- a. Do not panic
- b. Remove Exposure to the trigger like food, bites or drugs
- c. Call for Help
- d. Remove the Cap of Epinephrine syringe
- e. Hold the Epinephrine Injection Carefully in your fist. Avoid placing your finger over the tip
- f. Inject Epinephrine to the Mid-antero lateral thigh
- g. Reach nearest Hospital as early as possible

Position and place to Inject



Above Fig is just for an example

PLEASE VERIFY THE RIGHT TECHNIQUE OF
ADMINISTRATING THE DOSE