

Predicted PEFR Values for Indian Males

(Age in years)

| Height (in CM) | 18-21 | 22-25 | 26-29 | 30-33 | 34-37 | 38-41 | 42-45 | 46-49 | 50-53 | 54-57 | 58-61 | 62-65 | 66-69 | 70-73 | 74-77 | 78-81 |
|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 150 | 462 | 456 | 453 | 447 | 445 | 438 | 436 | 429 | 427 | 420 | 418 | 411 | 409 | 402 | 400 | 393 |
| 151 | 465 | 459 | 456 | 450 | 447 | 441 | 438 | 432 | 430 | 423 | 421 | 414 | 412 | 405 | 403 | 396 |
| 152 | 468 | 461 | 459 | 453 | 450 | 444 | 441 | 435 | 432 | 426 | 424 | 417 | 415 | 408 | 406 | 399 |
| 153 | 471 | 464 | 462 | 455 | 453 | 446 | 444 | 438 | 435 | 429 | 426 | 420 | 418 | 411 | 409 | 402 |
| 154 | 474 | 467 | 465 | 458 | 456 | 449 | 447 | 440 | 438 | 432 | 429 | 423 | 420 | 414 | 411 | 405 |
| 155 | 477 | 470 | 468 | 461 | 459 | 452 | 450 | 443 | 441 | 434 | 432 | 426 | 423 | 417 | 414 | 408 |
| 156 | 480 | 473 | 471 | 464 | 462 | 455 | 453 | 446 | 444 | 437 | 435 | 428 | 426 | 419 | 417 | 411 |
| 157 | 483 | 476 | 474 | 467 | 465 | 458 | 456 | 449 | 447 | 440 | 438 | 431 | 429 | 422 | 420 | 413 |
| 158 | 485 | 479 | 477 | 470 | 468 | 461 | 459 | 452 | 450 | 443 | 441 | 434 | 432 | 425 | 423 | 416 |
| 159 | 488 | 482 | 479 | 473 | 470 | 464 | 462 | 455 | 453 | 446 | 444 | 437 | 435 | 428 | 426 | 419 |
| 160 | 491 | 485 | 482 | 476 | 473 | 467 | 464 | 458 | 456 | 449 | 447 | 440 | 438 | 431 | 429 | 422 |
| 161 | 494 | 487 | 485 | 479 | 476 | 470 | 467 | 461 | 458 | 452 | 450 | 443 | 441 | 434 | 432 | 425 |
| 162 | 497 | 490 | 488 | 481 | 479 | 472 | 470 | 464 | 461 | 455 | 452 | 446 | 443 | 437 | 435 | 428 |
| 163 | 500 | 493 | 491 | 484 | 482 | 475 | 473 | 466 | 464 | 458 | 455 | 449 | 446 | 440 | 437 | 431 |
| 164 | 503 | 496 | 494 | 487 | 485 | 478 | 476 | 469 | 467 | 460 | 458 | 452 | 449 | 443 | 440 | 434 |
| 165 | 506 | 499 | 497 | 490 | 488 | 481 | 479 | 472 | 470 | 463 | 461 | 454 | 452 | 445 | 443 | 437 |
| 166 | 509 | 502 | 500 | 493 | 491 | 484 | 482 | 475 | 473 | 466 | 464 | 457 | 455 | 448 | 446 | 439 |
| 167 | 511 | 505 | 503 | 496 | 494 | 487 | 485 | 478 | 476 | 469 | 467 | 460 | 458 | 451 | 449 | 442 |
| 168 | 514 | 508 | 505 | 499 | 496 | 490 | 488 | 481 | 479 | 472 | 470 | 463 | 461 | 454 | 452 | 445 |
| 169 | 517 | 511 | 508 | 502 | 499 | 493 | 490 | 484 | 482 | 475 | 473 | 466 | 464 | 457 | 455 | 448 |
| 170 | 520 | 513 | 511 | 504 | 502 | 496 | 493 | 487 | 484 | 478 | 476 | 469 | 467 | 460 | 458 | 451 |
| 171 | 523 | 516 | 514 | 507 | 505 | 498 | 496 | 490 | 487 | 481 | 478 | 472 | 469 | 463 | 461 | 454 |
| 172 | 526 | 519 | 517 | 510 | 508 | 501 | 499 | 492 | 490 | 484 | 481 | 475 | 472 | 466 | 463 | 457 |
| 173 | 529 | 522 | 520 | 513 | 511 | 504 | 502 | 495 | 493 | 486 | 484 | 477 | 475 | 469 | 466 | 460 |
| 174 | 532 | 525 | 523 | 516 | 514 | 507 | 505 | 498 | 496 | 489 | 487 | 480 | 478 | 471 | 469 | 463 |
| 175 | 535 | 528 | 526 | 519 | 517 | 510 | 508 | 501 | 499 | 492 | 490 | 483 | 481 | 474 | 472 | 465 |
| 176 | 537 | 531 | 529 | 522 | 520 | 513 | 511 | 504 | 502 | 495 | 493 | 486 | 484 | 477 | 475 | 468 |
| 177 | 540 | 534 | 531 | 525 | 522 | 516 | 514 | 507 | 505 | 498 | 496 | 489 | 487 | 480 | 478 | 471 |
| 178 | 543 | 537 | 534 | 528 | 525 | 519 | 516 | 510 | 508 | 501 | 499 | 492 | 490 | 483 | 481 | 474 |
| 179 | 546 | 539 | 537 | 530 | 528 | 522 | 519 | 513 | 510 | 504 | 502 | 495 | 493 | 486 | 484 | 477 |
| 180 | 549 | 542 | 540 | 533 | 531 | 524 | 522 | 516 | 513 | 507 | 504 | 498 | 495 | 489 | 487 | 480 |
| 181 | 552 | 545 | 543 | 536 | 534 | 527 | 525 | 518 | 516 | 510 | 507 | 501 | 498 | 492 | 489 | 483 |
| 182 | 555 | 548 | 546 | 539 | 537 | 530 | 528 | 521 | 519 | 512 | 510 | 503 | 501 | 495 | 492 | 486 |
| 183 | 558 | 551 | 549 | 542 | 540 | 533 | 531 | 524 | 522 | 515 | 513 | 506 | 504 | 497 | 495 | 489 |
| 184 | 561 | 554 | 552 | 545 | 543 | 536 | 534 | 527 | 525 | 518 | 516 | 509 | 507 | 500 | 498 | 491 |
| 185 | 563 | 557 | 555 | 548 | 546 | 539 | 537 | 530 | 528 | 521 | 519 | 512 | 510 | 503 | 501 | 494 |
| 186 | 566 | 560 | 557 | 551 | 548 | 542 | 540 | 533 | 531 | 524 | 522 | 515 | 513 | 506 | 504 | 497 |
| 187 | 569 | 563 | 560 | 554 | 551 | 545 | 542 | 536 | 534 | 527 | 525 | 518 | 516 | 509 | 507 | 500 |
| 188 | 572 | 565 | 563 | 556 | 554 | 548 | 545 | 539 | 536 | 530 | 528 | 521 | 519 | 512 | 510 | 503 |
| 189 | 575 | 568 | 566 | 559 | 557 | 550 | 548 | 542 | 539 | 533 | 530 | 524 | 521 | 515 | 513 | 506 |
| 190 | 578 | 571 | 569 | 562 | 560 | 553 | 551 | 544 | 542 | 536 | 533 | 527 | 524 | 518 | 515 | 509 |
| 191 | 581 | 574 | 572 | 565 | 563 | 556 | 554 | 547 | 545 | 538 | 536 | 529 | 527 | 521 | 518 | 512 |
| 192 | 584 | 577 | 575 | 568 | 566 | 559 | 557 | 550 | 548 | 541 | 539 | 532 | 530 | 523 | 521 | 515 |
| 193 | 587 | 580 | 578 | 571 | 569 | 562 | 560 | 553 | 551 | 544 | 542 | 535 | 533 | 526 | 524 | 517 |
| 194 | 589 | 583 | 580 | 574 | 572 | 565 | 563 | 556 | 554 | 547 | 545 | 538 | 536 | 529 | 527 | 520 |
| 195 | 592 | 586 | 583 | 577 | 574 | 568 | 566 | 559 | 557 | 550 | 548 | 541 | 539 | 532 | 530 | 523 |

Predicted Equation: PEFR (Lt/min) Male = 69.259 - (2.229 * Age) + (2.888 * Height)

Chest Research Foundation (CRF), Pune



Predicted PEFR Values for Indian Females (Age in years)

| Height (In CM) | 18-21 | 22-25 | 26-29 | 30-33 | 34-37 | 38-41 | 42-45 | 46-49 | 50-53 | 54-57 | 58-61 | 62-65 | 66-69 | 70-73 | 74-77 | 78-81 | | | | | | | | | | | | | | | | | |
|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 150 | 340 | 334 | 333 | 327 | 325 | 320 | 318 | 313 | 311 | 306 | 304 | 299 | 297 | 292 | 290 | 285 | 283 | 278 | 276 | 270 | 269 | 263 | 262 | 256 | 254 | 249 | 247 | 242 | 240 | 235 | 233 | 228 | |
| 151 | 341 | 336 | 334 | 329 | 327 | 322 | 320 | 314 | 313 | 307 | 306 | 300 | 298 | 293 | 291 | 286 | 284 | 279 | 277 | 272 | 270 | 265 | 263 | 258 | 256 | 250 | 249 | 243 | 242 | 236 | 234 | 229 | |
| 152 | 342 | 337 | 335 | 330 | 328 | 323 | 321 | 316 | 314 | 309 | 307 | 302 | 300 | 294 | 293 | 287 | 286 | 280 | 278 | 273 | 271 | 266 | 264 | 259 | 257 | 252 | 250 | 245 | 243 | 238 | 236 | 231 | |
| 153 | 344 | 338 | 337 | 331 | 330 | 324 | 322 | 317 | 315 | 310 | 308 | 303 | 301 | 296 | 294 | 289 | 287 | 282 | 280 | 274 | 273 | 267 | 266 | 260 | 258 | 253 | 251 | 246 | 244 | 239 | 237 | 232 | |
| 154 | 345 | 340 | 338 | 333 | 331 | 326 | 324 | 318 | 317 | 311 | 310 | 304 | 302 | 297 | 295 | 290 | 288 | 283 | 281 | 276 | 274 | 269 | 267 | 262 | 260 | 255 | 253 | 247 | 246 | 240 | 239 | 233 | |
| 155 | 346 | 341 | 339 | 334 | 332 | 327 | 325 | 320 | 318 | 313 | 311 | 306 | 304 | 299 | 297 | 291 | 290 | 284 | 283 | 277 | 275 | 270 | 268 | 263 | 261 | 256 | 254 | 249 | 247 | 242 | 240 | 235 | |
| 156 | 348 | 342 | 341 | 335 | 334 | 328 | 326 | 321 | 319 | 314 | 312 | 307 | 305 | 300 | 298 | 293 | 291 | 286 | 284 | 279 | 277 | 271 | 270 | 264 | 263 | 257 | 255 | 250 | 248 | 243 | 241 | 236 | |
| 157 | 349 | 344 | 342 | 337 | 335 | 330 | 328 | 323 | 321 | 315 | 314 | 308 | 307 | 301 | 299 | 294 | 292 | 287 | 285 | 280 | 278 | 273 | 271 | 270 | 264 | 264 | 259 | 255 | 250 | 248 | 243 | 241 | 237 |
| 158 | 351 | 345 | 343 | 338 | 336 | 331 | 329 | 324 | 322 | 317 | 315 | 310 | 308 | 303 | 301 | 295 | 294 | 288 | 287 | 281 | 279 | 274 | 272 | 267 | 265 | 260 | 258 | 253 | 251 | 246 | 244 | 239 | |
| 159 | 352 | 347 | 345 | 339 | 338 | 332 | 331 | 325 | 323 | 318 | 316 | 311 | 309 | 304 | 302 | 297 | 295 | 290 | 288 | 283 | 281 | 276 | 274 | 268 | 267 | 261 | 260 | 254 | 252 | 247 | 245 | 240 | |
| 160 | 353 | 348 | 346 | 341 | 339 | 334 | 332 | 327 | 325 | 319 | 318 | 312 | 311 | 305 | 303 | 298 | 296 | 291 | 289 | 284 | 282 | 277 | 275 | 270 | 268 | 263 | 261 | 256 | 254 | 248 | 247 | 241 | |
| 161 | 355 | 349 | 347 | 342 | 340 | 335 | 333 | 328 | 326 | 321 | 319 | 314 | 312 | 307 | 305 | 300 | 298 | 292 | 291 | 285 | 284 | 278 | 276 | 271 | 269 | 264 | 262 | 257 | 255 | 250 | 248 | 243 | |
| 162 | 356 | 351 | 349 | 343 | 342 | 336 | 335 | 329 | 328 | 322 | 320 | 315 | 313 | 308 | 306 | 301 | 299 | 294 | 292 | 287 | 285 | 280 | 278 | 272 | 271 | 265 | 264 | 258 | 256 | 251 | 249 | 244 | |
| 163 | 357 | 352 | 350 | 345 | 343 | 338 | 336 | 331 | 329 | 324 | 322 | 316 | 315 | 309 | 308 | 302 | 300 | 295 | 293 | 288 | 286 | 281 | 279 | 274 | 272 | 267 | 265 | 260 | 258 | 253 | 251 | 245 | |
| 164 | 359 | 353 | 352 | 346 | 344 | 339 | 337 | 332 | 330 | 325 | 323 | 318 | 316 | 311 | 309 | 304 | 302 | 296 | 295 | 289 | 288 | 282 | 280 | 275 | 273 | 268 | 266 | 261 | 259 | 254 | 252 | 247 | |
| 165 | 360 | 355 | 353 | 348 | 346 | 340 | 339 | 333 | 332 | 326 | 324 | 319 | 317 | 312 | 310 | 305 | 303 | 298 | 296 | 291 | 289 | 284 | 282 | 277 | 275 | 269 | 268 | 262 | 261 | 255 | 253 | 248 | |
| 166 | 361 | 356 | 354 | 349 | 347 | 342 | 340 | 335 | 333 | 328 | 326 | 320 | 319 | 313 | 312 | 306 | 305 | 299 | 297 | 292 | 290 | 285 | 283 | 278 | 276 | 271 | 269 | 264 | 262 | 257 | 255 | 249 | |
| 167 | 363 | 357 | 356 | 350 | 348 | 343 | 341 | 336 | 334 | 329 | 327 | 322 | 320 | 315 | 313 | 308 | 306 | 301 | 299 | 293 | 292 | 286 | 285 | 279 | 277 | 272 | 270 | 265 | 263 | 258 | 256 | 251 | |
| 168 | 364 | 359 | 357 | 352 | 350 | 345 | 343 | 337 | 336 | 330 | 329 | 323 | 321 | 316 | 314 | 309 | 307 | 302 | 300 | 295 | 293 | 288 | 286 | 281 | 279 | 273 | 272 | 266 | 265 | 259 | 257 | 252 | |
| 169 | 365 | 360 | 358 | 353 | 351 | 346 | 344 | 339 | 337 | 332 | 330 | 325 | 323 | 317 | 316 | 310 | 309 | 303 | 301 | 296 | 294 | 289 | 287 | 282 | 280 | 275 | 273 | 268 | 266 | 261 | 259 | 254 | |
| 170 | 367 | 361 | 360 | 354 | 353 | 347 | 345 | 340 | 338 | 333 | 331 | 326 | 324 | 319 | 317 | 312 | 310 | 305 | 303 | 297 | 296 | 290 | 289 | 283 | 282 | 276 | 274 | 269 | 267 | 262 | 260 | 255 | |
| 171 | 368 | 363 | 361 | 356 | 354 | 349 | 347 | 341 | 340 | 334 | 333 | 327 | 325 | 320 | 318 | 313 | 311 | 306 | 304 | 299 | 297 | 292 | 290 | 285 | 283 | 278 | 276 | 270 | 269 | 263 | 262 | 256 | |
| 172 | 369 | 364 | 362 | 357 | 355 | 350 | 348 | 343 | 341 | 336 | 334 | 329 | 327 | 322 | 320 | 314 | 313 | 307 | 306 | 300 | 298 | 293 | 291 | 286 | 284 | 279 | 277 | 272 | 270 | 265 | 263 | 258 | |
| 173 | 371 | 365 | 364 | 358 | 357 | 351 | 350 | 344 | 342 | 337 | 335 | 330 | 328 | 323 | 321 | 316 | 314 | 309 | 307 | 302 | 300 | 294 | 293 | 287 | 286 | 280 | 278 | 273 | 271 | 266 | 264 | 259 | |
| 174 | 372 | 367 | 365 | 360 | 358 | 353 | 351 | 346 | 344 | 338 | 337 | 331 | 330 | 324 | 322 | 317 | 315 | 310 | 308 | 303 | 301 | 296 | 294 | 289 | 287 | 282 | 280 | 274 | 273 | 267 | 266 | 260 | |
| 175 | 374 | 368 | 366 | 361 | 359 | 354 | 352 | 347 | 345 | 340 | 338 | 333 | 331 | 326 | 324 | 318 | 317 | 311 | 310 | 304 | 302 | 297 | 295 | 290 | 288 | 283 | 281 | 276 | 274 | 269 | 267 | 262 | |
| 176 | 375 | 370 | 368 | 362 | 361 | 355 | 354 | 348 | 346 | 341 | 339 | 334 | 332 | 327 | 325 | 320 | 318 | 313 | 311 | 306 | 304 | 299 | 297 | 291 | 290 | 284 | 283 | 277 | 275 | 270 | 268 | 263 | |
| 177 | 376 | 371 | 369 | 364 | 362 | 357 | 355 | 350 | 348 | 342 | 341 | 335 | 334 | 328 | 327 | 321 | 319 | 314 | 312 | 307 | 305 | 300 | 298 | 293 | 291 | 286 | 284 | 279 | 277 | 271 | 270 | 264 | |
| 178 | 378 | 372 | 370 | 365 | 363 | 358 | 356 | 351 | 349 | 344 | 342 | 337 | 335 | 330 | 328 | 323 | 321 | 315 | 314 | 308 | 307 | 301 | 299 | 294 | 292 | 287 | 285 | 280 | 278 | 273 | 271 | 266 | |
| 179 | 379 | 374 | 372 | 367 | 365 | 359 | 358 | 352 | 351 | 345 | 343 | 338 | 336 | 331 | 329 | 324 | 322 | 317 | 315 | 310 | 308 | 303 | 301 | 295 | 294 | 288 | 287 | 281 | 279 | 274 | 272 | 267 | |
| 180 | 380 | 375 | 373 | 368 | 366 | 361 | 359 | 354 | 352 | 347 | 345 | 339 | 338 | 332 | 331 | 325 | 323 | 318 | 316 | 311 | 309 | 304 | 302 | 297 | 295 | 290 | 288 | 283 | 281 | 276 | 274 | 268 | |
| 181 | 382 | 376 | 375 | 369 | 367 | 362 | 360 | 355 | 353 | 348 | 346 | 341 | 339 | 334 | 332 | 327 | 325 | 319 | 318 | 312 | 311 | 305 | 304 | 298 | 296 | 291 | 289 | 284 | 282 | 277 | 275 | 270 | |
| 182 | 383 | 378 | 376 | 371 | 369 | 363 | 362 | 356 | 355 | 349 | 347 | 342 | 340 | 335 | 333 | 328 | 326 | 321 | 319 | 314 | 312 | 307 | 305 | 300 | 298 | 292 | 291 | 285 | 284 | 278 | 276 | 271 | |
| 183 | 384 | 379 | 377 | 372 | 370 | 365 | 363 | 358 | 356 | 351 | 349 | 344 | 342 | 336 | 335 | 329 | 328 | 322 | 320 | 315 | 313 | 308 | 306 | 301 | 299 | 294 | 292 | 287 | 285 | 280 | 278 | 272 | |
| 184 | 386 | 380 | 379 | 373 | 372 | 366 | 364 | 359 | 357 | 352 | 350 | 345 | 343 | 338 | 336 | 331 | 329 | 324 | 322 | 316 | 315 | 309 | 308 | 302 | 300 | 295 | 293 | 288 | 286 | 281 | 279 | 274 | |
| 185 | 387 | 382 | 380 | 375 | 373 | 368 | 366 | 360 | 359 | 353 | 352 | 346 | 344 | 339 | 337 | 332 | 330 | 325 | 323 | 318 | 316 | 311 | 309 | 304 | 302 | 296 | 295 | 289 | 288 | 282 | 281 | 275 | |
| 186 | 388 | 383 | 381 | 376 | 374 | 369 | 367 | 362 | 360 | 355 | 353 | 348 | 346 | 340 | 339 | 333 | 332 | 326 | 324 | 319 | 317 | 312 | 310 | 305 | 303 | 298 | 296 | 291 | 289 | 284 | 282 | 277 | |
| 187 | 390 | 384 | 383 | 377 | 376 | 370 | 368 | 363 | 361 | 356 | 354 | 349 | 347 | 342 | 340 | 335 | 333 | 328 | 326 | 321 | 319 | 313 | 312 | 306 | 305 | 299 | 297 | 292 | 290 | 285 | 283 | 278 | |
| 188 | 391 | 386 | 384 | 379 | 377 | 372 | 370 | 364 | 363 | 357 | 356 | 350 | 349 | 343 | 341 | 336 | 334 | 329 | 327 | 322 | 320 | 315 | 313 | 308 | 306 | 301 | 299 | 293 | 292 | 286 | 285 | 279 | |
| 189 | 392 | 387 | 385 | 380 | 378 | 373 | 371 | 366 | 364 | 359 | 357 | 352 | 350 | 345 | 343 | 337 | 336 | 330 | 329 | 323 | 321 | 316 | 314 | 309 | 307 | 302 | 300 | 295 | 293 | 288 | 286 | 281 | |
| 190 | 394 | 389 | 387 | 381 | 380 | 374 | 373 | 367 | 365 | 360 | 358 | 353 | 351 | 346 | 344 | 339 | 337 | 332 | 330 | 325 | 323 | 317 | 316 | 310 | 309 | 303 | 301 | 296 | 294 | 289 | 287 | 282 | |
| 191 | 395 | 390 | 388 | 383 | 381 | 376 | 374 | 369 | 367 | 361 | 360 | 354 | 353 | 347 | 345 | 340 | 338 | 333 | 331 | 326 | 324 | 319 | 317 | 312 | 310 | 305 | 303 | 298 | 296 | 290 | 289 | 283 | |
| 192 | 397 | 391 | 389 | 384 | 382 | 377 | 375 | 370 | 368 | 363 | 361 | 356 | 354 | 349 | 347 | 341 | 340 | 334 | 333 | 327 | 326 | 320 | 318 | 313 | 311 | 306 | 304 | 299 | 297 | 292 | 290 | 285 | |
| 193 | 398 | 393 | 391 | 385 | 384 | 378 | 377 | 371 | 369 | 364 | 362 | 357 | 355 | 350 | 348 | 343 | 341 | 336 | 334 | 329 | 327 | 322 | 320 | 314 | 313 | 307 | 306 | 300 | 298 | 293 | 291 | 286 | |
| 194 | 399 | 394 | 392 | 387 | 385 | 380 | 378 | 373 | 371 | 366 | 364 | 358 | 357 | 351 | 350 | 344 | 342 | 337 | 335 | 330 | 328 | 323 | 321 | 316 | 314 | 309 | 307 | 302 | 300 | | | | |

Predicted PEFR values for BOYS aged 4-15 years

| Ht (in cm) | PEFR (Lt/min) | Ht* (in cm) | PEFR (Lt/min) | Ht (in cm) | PEFR (Lt/min) |
|---------------|------------------|----------------|------------------|---------------|------------------|
| 101 | 120 | 134 | 235 | 167 | 351 |
| 102 | 123 | 135 | 239 | 168 | 354 |
| 103 | 127 | 136 | 242 | 169 | 358 |
| 104 | 130 | 137 | 246 | 170 | 361 |
| 105 | 134 | 138 | 249 | 171 | 365 |
| 106 | 137 | 139 | 253 | 172 | 368 |
| 107 | 141 | 140 | 256 | 173 | 372 |
| 108 | 144 | 141 | 260 | 174 | 375 |
| 109 | 148 | 142 | 263 | 175 | 379 |
| 110 | 151 | 143 | 267 | 176 | 382 |
| 111 | 155 | 144 | 270 | 177 | 386 |
| 112 | 158 | 145 | 274 | 178 | 389 |
| 113 | 162 | 146 | 277 | 179 | 393 |
| 114 | 165 | 147 | 281 | 180 | 396 |
| 115 | 169 | 148 | 284 | 181 | 400 |
| 116 | 172 | 149 | 288 | 182 | 403 |
| 117 | 176 | 150 | 291 | 183 | 407 |
| 118 | 179 | 151 | 295 | 184 | 410 |
| 119 | 183 | 152 | 298 | 185 | 414 |
| 120 | 186 | 153 | 302 | 186 | 417 |
| 121 | 190 | 154 | 305 | 187 | 421 |
| 122 | 193 | 155 | 309 | 188 | 424 |
| 123 | 197 | 156 | 312 | 189 | 428 |
| 124 | 200 | 157 | 316 | 190 | 431 |
| 125 | 204 | 158 | 319 | 191 | 435 |
| 126 | 204 | 159 | 323 | 192 | 438 |
| 127 | 207 | 160 | 326 | 193 | 442 |
| 128 | 214 | 161 | 330 | 194 | 445 |
| 129 | 218 | 162 | 333 | 195 | 449 |
| 130 | 221 | 163 | 337 | 196 | 452 |
| 131 | 225 | 164 | 340 | 197 | 456 |
| 132 | 228 | 165 | 344 | 198 | 459 |
| 133 | 232 | 166 | 347 | 199 | 463 |

Predicted Equation: PEFR (Lt/min) = 3.5*[Height (in cm)-100] + 116

Chest Research Foundation (CRF), Pune

*Ht = Height

Predicted PEFR values for GIRLS aged 5-15 years

| Ht (in cm) | PEFR (Lt/min) | Ht (in cm) | PEFR (Lt/min) | Ht (in cm) | PEFR (Lt/min) |
|---------------|------------------|---------------|------------------|---------------|------------------|
| 101 | 116 | 134 | 225 | 167 | 334 |
| 102 | 120 | 135 | 229 | 168 | 337 |
| 103 | 123 | 136 | 232 | 169 | 341 |
| 104 | 126 | 137 | 235 | 170 | 344 |
| 105 | 130 | 138 | 238 | 171 | 347 |
| 106 | 133 | 139 | 242 | 172 | 351 |
| 107 | 136 | 140 | 245 | 173 | 354 |
| 108 | 139 | 141 | 248 | 174 | 357 |
| 109 | 143 | 142 | 252 | 175 | 361 |
| 110 | 146 | 143 | 248 | 176 | 364 |
| 111 | 149 | 144 | 252 | 177 | 367 |
| 112 | 153 | 145 | 255 | 178 | 370 |
| 113 | 156 | 146 | 258 | 179 | 374 |
| 114 | 159 | 147 | 262 | 180 | 377 |
| 115 | 163 | 148 | 265 | 181 | 380 |
| 116 | 166 | 149 | 268 | 182 | 384 |
| 117 | 169 | 150 | 271 | 183 | 387 |
| 118 | 172 | 151 | 275 | 184 | 390 |
| 119 | 176 | 152 | 278 | 185 | 394 |
| 120 | 179 | 153 | 281 | 186 | 397 |
| 121 | 182 | 154 | 285 | 187 | 400 |
| 122 | 186 | 155 | 288 | 188 | 403 |
| 123 | 189 | 156 | 291 | 189 | 407 |
| 124 | 192 | 157 | 295 | 190 | 410 |
| 125 | 196 | 158 | 298 | 191 | 413 |
| 126 | 199 | 159 | 301 | 192 | 417 |
| 127 | 202 | 160 | 304 | 193 | 420 |
| 128 | 205 | 161 | 308 | 194 | 423 |
| 129 | 209 | 162 | 311 | 195 | 427 |
| 130 | 212 | 163 | 314 | 196 | 430 |
| 131 | 215 | 164 | 318 | 197 | 433 |
| 132 | 219 | 165 | 321 | 198 | 436 |
| 133 | 222 | 166 | 331 | 199 | 440 |

Predicted Equation: PEFR (Lt/min) = 3.3*[Height (in cm)-100] + 113

Chest Research Foundation (CRF), Pune

